

### 3. Ladelunder Triathlon

29.05.2009

#### Sieger

Start N	Name	Vorname	Jahrgang	Verein	G	Zeit 1	Zeit 2	Zeit 3	Gesamtzeit	Platz
<b>Einzelstarter Männer</b>										
352	Petersen	Willi	1970	MTV Leck	M	00:04:52	00:23:06	00:11:01	<b>00:38:59</b>	<b>1</b>
326	Homrighausen	Jens	1978	MTV Leck	M	00:05:09	00:23:43	00:11:11	<b>00:40:03</b>	<b>2</b>
339	Rickmers	Peter		TSV RW Niebüll	M	00:05:02	00:22:59	00:12:06	<b>00:40:07</b>	<b>3</b>
255	Petersen	Christian		TSV Ladelund	M	00:05:40	00:24:14	00:10:45	<b>00:40:39</b>	<b>4</b>
319	Graage	Jörg	1970		M	0	0	0	<b>00:42:13</b>	<b>5</b>
342	Nahnsen	Björn			M	0	0	0	<b>00:42:20</b>	<b>6</b>
254	Lorenzen	Ove		MTV Leck	M	00:05:38	00:24:19	00:12:38	<b>00:42:35</b>	<b>7</b>
324	Hinrichsen	Wolfgang			M	00:06:57	00:23:40	00:12:09	<b>00:42:46</b>	<b>8</b>
373	Ziriakus	Marc	1974	B & T	M	00:05:46	00:24:20	00:12:52	<b>00:42:58</b>	<b>9</b>
303	Andresen	Heino	1964	Blau-Weiß Löwenstedt	M	00:05:52	00:25:12	00:12:05	<b>00:43:09</b>	<b>10</b>
366	Steffens	Roger	1966	Gutheil Itzehoe	M	00:07:05	00:24:13	00:12:35	<b>00:43:53</b>	<b>11</b>
305	Bock	Thore	1971		M	00:05:24	00:24:54	00:14:04	<b>00:44:22</b>	<b>12</b>
383	Tonn	Mark	1969	TSV Schleswig	M	00:07:11	00:24:38	00:12:50	<b>00:44:39</b>	<b>13</b>
333	Kümmel	Steffan	1968		M	00:06:20	00:24:47	00:13:52	<b>00:44:59</b>	<b>14</b>
343	Neugebauer	Lars	1972	TSV RW Niebüll	M	00:05:13	00:26:01	00:14:00	<b>00:45:14</b>	<b>15</b>
355	Preusse	Michael		TSV Schleswig	M	00:06:51	00:25:01	00:13:35	<b>00:45:27</b>	<b>16</b>
350	Paysen	Arne	1968		M	0	0	0	<b>00:45:28</b>	<b>17</b>
325	Holt	Matthias	1991	SV Frisia 03	M	00:06:23	00:26:41	00:12:36	<b>00:45:40</b>	<b>18</b>
308	Carstensen	Jan		TSV RW Niebüll	M	00:06:16	00:26:00	00:13:53	<b>00:46:09</b>	<b>19</b>
337	Lorenzen	Uwe	1955		M	00:06:07	00:26:26	00:13:37	<b>00:46:10</b>	<b>20</b>
318	Goos	Axel	1957		M	00:06:45	00:26:14	00:13:17	<b>00:46:16</b>	<b>21</b>
309	Delfs	Christian	1986	Fanfarenzug Karrharde	M	00:06:33	00:26:58	00:12:47	<b>00:46:18</b>	<b>22</b>
335	Lingke	Melf	1975	Sportfreunde Bordelum e	M	00:05:45	00:25:59	00:14:43	<b>00:46:27</b>	<b>23</b>
375	Koplin	Sven	1975		M	00:06:05	00:26:39	00:13:47	<b>00:46:31</b>	<b>24</b>
315	Feddersen	Hans	1954		M	00:05:27	00:27:07	00:14:02	<b>00:46:36</b>	<b>25</b>
351	Peters	Jörg	1974	Spiridon Schleswig	M	00:06:50	00:26:44	00:13:20	<b>00:46:54</b>	<b>26</b>
340	Meier	Dirk	1970	MTV Leck	M	00:05:15	00:25:43	00:16:08	<b>00:47:06</b>	<b>27</b>

310 Delfs	Mathias	1989 Feuerwehr Ladelund	M	00:05:25	00:27:37	00:14:14	<b>00:47:16</b>	<b>28</b>
358 Schaarschmidt	Frank	1983	M	00:07:00	00:28:18	00:12:05	<b>00:47:23</b>	<b>29</b>
361 Sibbersen	Tim	1976 MTV Leck	M	00:05:50	00:28:04	00:13:41	<b>00:47:35</b>	<b>30</b>
307 Bruhn	Jürgen	1965 B & T	M	00:06:00	00:27:06	00:14:57	<b>00:48:03</b>	<b>31</b>
364 Sommer	Christian	1962 Feuerwehr Ladelund	M	00:07:28	00:28:00	00:12:58	<b>00:48:26</b>	<b>32</b>
344 Neumann	Michael	1968	M	00:06:56	00:26:40	00:15:08	<b>00:48:44</b>	<b>33</b>
374 Uhlemann	Heiko	1980	M	00:07:02	00:27:36	00:14:30	<b>00:49:08</b>	<b>34</b>
382 Jensen	Frank	1960	M	00:07:23	00:28:12	00:13:50	<b>00:49:25</b>	<b>35</b>
328 Jannsen	Ralph	1966 B & T	M	00:06:51	00:27:53	00:14:45	<b>00:49:29</b>	<b>36</b>
346 Nissen	Ralf	1975	M	0	0	0	<b>00:49:29</b>	<b>37</b>
372 Weiß	Dirk	1960 TRIAS Flensburg	M	00:07:09	00:29:29	00:13:10	<b>00:49:48</b>	<b>38</b>
323 Hemsen	Henning	1958 TSV RW Niebüll	M	00:06:55	00:26:55	00:16:02	<b>00:49:52</b>	<b>39</b>
302 Andersen	Lennart	1993 TSV-RW Niebüll mJAII T	M	00:06:47	00:26:50	00:16:16	<b>00:49:53</b>	<b>40</b>
359 Schneider	Tim	1977	M	00:07:27	00:27:19	00:15:11	<b>00:49:57</b>	<b>41</b>
348 Pansegrau	Dirk	1975 MTV Leck	M	00:05:51	00:27:25	00:17:05	<b>00:50:21</b>	<b>42</b>
367 Stuller	Jörg	1969 B & T	M	00:07:58	00:28:12	00:14:14	<b>00:50:24</b>	<b>43</b>
380 Petersen	Volker	1965	M	00:06:01	00:29:07	00:15:22	<b>00:50:30</b>	<b>44</b>
332 Joswig	Jan Niklas	1990	M	00:05:48	00:27:42	00:17:09	<b>00:50:39</b>	<b>45</b>
378 Petersen	Erwin	1975 SV Germania Breklum	M	00:06:46	00:30:12	00:13:42	<b>00:50:40</b>	<b>46</b>
354 Popp	Sebastian	1988	M	00:07:05	00:28:51	00:14:47	<b>00:50:43</b>	<b>47</b>
320 Hanisch	Reiner	1962 B & T	M	0	0	0	<b>00:50:49</b>	<b>48</b>
347 Nissen-Hünding	Klaus	1956	M	00:06:24	00:31:03	00:13:32	<b>00:50:59</b>	<b>49</b>
312 Dockhorn	Hans-Jürgen	1951 1. Fl. Laufftreff	M	0	0	0	<b>00:51:02</b>	<b>50</b>
322 Hansen	Herbert	1964 TSV Goldebek	M	00:06:30	00:30:11	00:14:30	<b>00:51:11</b>	<b>51</b>
336 Loesmann	Dirk	1967 B & T	M	00:07:25	00:28:29	00:15:22	<b>00:51:16</b>	<b>52</b>
356 Reimann	Torsten	1987	M	00:07:03	00:29:02	00:15:16	<b>00:51:21</b>	<b>53</b>
362 Sievers	Jan	1969	M	00:07:44	00:28:46	00:15:05	<b>00:51:35</b>	<b>54</b>
376 Smala	Paul	1982	M	00:06:53	00:29:39	00:15:10	<b>00:51:42</b>	<b>55</b>
368 Thomsen	Heino	1964 B & T	M	00:06:35	00:28:07	00:17:41	<b>00:52:23</b>	<b>56</b>
365 Ständer	Björn	1992	M	00:06:54	00:31:23	00:14:07	<b>00:52:24</b>	<b>57</b>
379 Friedrichsen	Rolf	1966	M	0	0	0	<b>00:52:24</b>	<b>58</b>
384 Blaschke	Björn		M	00:08:18	00:30:45	00:13:59	<b>00:53:02</b>	<b>59</b>
370 Traber	Bent	1973	M	00:07:48	00:31:18	00:14:23	<b>00:53:29</b>	<b>60</b>
357 Richtsen	Jürgen	1955	M	00:07:21	00:32:16	00:14:38	<b>00:54:15</b>	<b>61</b>
381 Wimmer	Peter	1975	M	00:07:50	00:32:23	00:14:25	<b>00:54:38</b>	<b>62</b>
306 Brogmus	Tim	1971	M	00:08:07	00:30:01	00:16:55	<b>00:55:03</b>	<b>63</b>

331 Johannsen	Florian	1992 TSV-RW Niebüll	mJAll F-M	00:07:12	00:35:12	00:12:44	<b>00:55:08</b>	<b>64</b>
329 Carstensen	Lasse	1993 TSV-RW Niebüll	mJAll F-M	00:08:09	00:31:08	00:16:03	<b>00:55:20</b>	<b>65</b>
345 Neumann	Jannik	1995	M	00:08:37	00:32:09	00:14:41	<b>00:55:27</b>	<b>66</b>
321 Hansemann	Malte	1993 TSV-RW Niebüll	mJAll F-M	00:08:12	00:31:30	00:15:47	<b>00:55:29</b>	<b>67</b>
360 Schulz	Maik	1977	M	00:07:41	00:32:30	00:15:33	<b>00:55:44</b>	<b>68</b>
311 Diercks	Sören	1986 TSV Goldebek	M	00:07:07	00:33:18	00:15:27	<b>00:55:52</b>	<b>69</b>
363 Skupsch	Nicky	1973	M	00:08:58	00:31:44	00:15:24	<b>00:56:06</b>	<b>70</b>
317 Friedrichs	Torben	1992 MTV Leck	M	00:06:48	00:32:12	00:17:09	<b>00:56:09</b>	<b>71</b>
349 Paulsen	Matthias	1992 TSV-RW Niebüll	mJAll F-M	00:08:54	00:31:21	00:15:55	<b>00:56:10</b>	<b>72</b>
334 Kutta	Oliver	1970 TSV Goldebek	M	0	0	0	<b>00:58:18</b>	<b>73</b>
327 Iborg	Thorsten	1968	M	00:07:01	00:35:46	00:16:38	<b>00:59:25</b>	<b>74</b>
300 Bendixen	Dennis	1992 TSV-RW Niebüll	mJAll F-M	00:08:52	00:35:50	00:16:06	<b>01:00:48</b>	<b>75</b>
338 Matthiesen	Sebastian	1992 TSV-RW Niebüll	mJAll F-M	00:08:55	00:35:23	00:16:33	<b>01:00:51</b>	<b>76</b>
301 Achtert	Klaus	1955	M	00:09:14	00:33:49	00:18:24	<b>01:01:27</b>	<b>77</b>
304 Arendt	Yannik	1992 TSV-RW Niebüll	mJAll F-M	00:08:20	00:38:47	00:15:12	<b>01:02:19</b>	<b>78</b>
353 Petersen	Hannes	2000 TSV Ladelund	M	00:10:58	00:36:05	00:18:47	<b>01:05:50</b>	<b>79</b>

**Einzelstarter Frauen**

228 Carstensen	Ulla	1961 TSV RW Niebüll-Triathlor	W	00:05:51	00:26:28	00:13:40	<b>00:45:59</b>	<b>1</b>
242 Lützen	Jutta	1968	W	00:06:03	00:25:56	00:15:20	<b>00:47:19</b>	<b>2</b>
237 Hansen	Pia	1974 MTV Leck	W	00:05:32	00:27:40	00:15:32	<b>00:48:44</b>	<b>3</b>
230 Carstensen	Kerrin	1968 Niebüll	W	00:07:23	00:28:37	00:14:03	<b>00:50:03</b>	<b>4</b>
229 Carstensen	Claudia	1972 MTV Leck	W	00:05:25	00:29:40	00:15:11	<b>00:50:16</b>	<b>5</b>
226 Albrecht	Thoma	1989	W	0	0	0	<b>00:50:49</b>	<b>6</b>
234 Fries	Unne	1967 TRIAS Flensburg	W	00:07:21	00:28:48	00:14:52	<b>00:51:01</b>	<b>7</b>
231 Carstensen	Kerrin	1988 Achtrup	W	00:05:53	00:30:24	00:14:47	<b>00:51:04</b>	<b>8</b>
246 Sommer	Katja	1992 TSV Ladelund	W	00:07:38	00:28:51	00:15:25	<b>00:51:54</b>	<b>9</b>
241 Lützen	Ellen	1968 Fanfarenzug Karrharde	W	00:07:31	00:29:51	00:14:33	<b>00:51:55</b>	<b>10</b>
238 Hinrichsen	Ute	1964	W	00:07:22	00:30:07	00:14:28	<b>00:51:57</b>	<b>11</b>
240 Bliesmann	Tanja	1979 Friesia 03	W	00:07:02	00:29:06	00:16:49	<b>00:52:57</b>	<b>12</b>
233 Christiansen	Marita	1967	W	00:08:00	00:30:17	00:15:26	<b>00:53:43</b>	<b>13</b>
245 Seger	Lene	1965	W	00:07:41	00:30:26	00:16:23	<b>00:54:30</b>	<b>14</b>
251 Witt	Ute	1963	W	00:06:51	00:31:22	00:16:23	<b>00:54:36</b>	<b>15</b>
235 Grünberg	Birte		W	00:07:42	00:31:00	00:16:10	<b>00:54:52</b>	<b>16</b>
248 Traber	Inken	1976	W	00:07:17	00:30:45	00:16:57	<b>00:54:59</b>	<b>17</b>
249 Waechter	Anne	1978	W	00:06:46	00:29:46	00:19:39	<b>00:56:11</b>	<b>18</b>
225 Andersen	Carola	1968 TSV RW Niebüll	W	00:07:20	00:30:40	00:18:47	<b>00:56:47</b>	<b>19</b>
244 Schattling	Ingrid	1963	W	00:07:40	00:33:04	00:17:24	<b>00:58:08</b>	<b>20</b>
253 Lehrke	Daniela	1974	W	00:07:48	00:31:45	00:20:17	<b>00:59:50</b>	<b>21</b>
236 Hansen	Brigitte	1967 TSV Ladelund	W	00:06:38	00:37:42	00:15:46	<b>01:00:06</b>	<b>22</b>
232 Christiansen	Lisa	1991 TSV Ladelund	W	00:06:11	00:35:09	00:20:12	<b>01:01:32</b>	<b>23</b>
252 Witt	Merle	1983	W	00:07:37	00:39:52	00:17:26	<b>01:04:55</b>	<b>24</b>
250 Witt	Dorte	1979	W	0	0	0	<b>01:05:42</b>	<b>25</b>
227 Brogmus	Heike	1975	W	00:09:46	00:34:05	00:22:19	<b>01:06:10</b>	<b>26</b>
243 Reinhart	Alexa	1963 TSV Ladelund	W	00:07:44	00:41:37	00:22:08	<b>01:11:29</b>	<b>27</b>

## Teams

201	Bahr Jan, Andresen Jörg	Kurzbach Marcel,	73/67	Team Danisco Niebüll	T	00:05:21	00:25:33	00:12:55	<b>00:43:49</b>	<b>1</b>
214	Otto Fabian	Otto Alexander,	86/83	Otto-Team	T	00:05:38	00:26:31	00:12:11	<b>00:44:20</b>	<b>2</b>
207	Heindl Martina, Baumer Sebastian	Baumer Tobias,		Spielmannszug Oberviechtach	T	00:06:40	00:25:57	00:13:49	<b>00:46:26</b>	<b>3</b>
217	Schenker Thomas	Schlottmann Sascha,	82/81	Team Schenker/Schlottmann	T	00:05:54	00:26:58	00:13:48	<b>00:46:40</b>	<b>4</b>
222	Thomsen Marc	Thomsen Diana		Blau-Weiß Löwenstedt	T	00:07:09	00:28:35	00:12:08	<b>00:47:52</b>	<b>5</b>
205	Friedrichs Ralf	Friedrichs Malte,	61/96	Team Friedrichs / MTV Ladelund	T	00:05:06	00:27:20	00:15:35	<b>00:48:01</b>	<b>6</b>
204	Fliegau Armin, Carlsen Gerd	Martensen Lutz,	156/65/71	Team HGV Ladelund	T	00:07:02	00:25:49	00:15:46	<b>00:48:37</b>	<b>7</b>
209	Hintze Andrea, Delfs Thomas	Rehbein Dajana,		Fanfarenzug Karrharde	T	00:07:11	00:26:48	00:15:19	<b>00:49:18</b>	<b>8</b>
208	Heinrich Maria, Löbl Reinhard	Hauer Uschi,		Spielmannszug Oberviechtach	T	0	0	0	<b>00:49:20</b>	<b>9</b>
203	Bliese Jörg, Petersen Bernd	Jensen Frank,	1966/59	Bliese-Team	T	00:07:16	00:28:14	00:13:59	<b>00:49:29</b>	<b>10</b>
211	Marczyschewski Martina, Last-Mansen Beate	Haamel-Nielsen Svenja,		Die MUDDIZ²007	T	00:05:56	00:26:53	00:17:12	<b>00:50:01</b>	<b>11</b>
202	Biegel Reinhard, Biegel Johann	Biegel Thomas,		Spielmannszug Oberviechtach	T	00:07:10	00:29:19	00:13:39	<b>00:50:08</b>	<b>12</b>
213	Michaelis Katja, Johansen Dennis	Kragh Ingo,	72/89/66	Team TSV Süderlügum	T	00:08:03	00:26:37	00:15:33	<b>00:50:13</b>	<b>13</b>
219	Steffen Lorenz, Erichsen Freddy	Johannsen Dirk,	88/60/69	Feuerwehr Ladelund	T	00:06:10	00:27:07	00:17:21	<b>00:50:38</b>	<b>14</b>
206	Friedrichsen Jörg, Hansen Volker	Petersen Momme,	76/71/78	Team Boverstedt	T	00:07:22	00:30:02	00:15:00	<b>00:52:24</b>	<b>15</b>
215	Raths Günter, Raths Helmut	Raths Andrea,	60/50/67	Raths-Team	T	00:07:44	00:29:45	00:15:46	<b>00:53:15</b>	<b>16</b>
216	Schäfer Thorsten, Nielsen Hans	Johannsen Torben,	69/60/63	Feuerwehr Westre	T	00:09:43	00:31:47	00:12:33	<b>00:54:03</b>	<b>17</b>
218	Sievers Sandra	Marczyschewski Martina,	1969	Team Sandra/Martina	T	0	0	0	<b>00:54:32</b>	<b>18</b>
212	Markendorf Kaja, Geronimo	Block Arnold,	91/98/59	Markendorf-Team	T	00:08:13	00:32:59	00:14:03	<b>00:55:15</b>	<b>19</b>
220	Matthiesen Annika, Petersen Birte	Andresen Kristina,	82/79/81	Team Annika, Keike, Kristina	T	0	0	0	<b>01:04:40</b>	<b>20</b>

## Kinderteams

386	Marcel Iborg, Antonia Schweim,	Sarah Iborg,	97/95/97	Team Iborg/Schweim	K	00:08:34	00:32:44	00:14:10	<b>00:55:28</b>	<b>1</b>
385	Hannah Johannsen, Monique Andresen,	Rilana Lützen,	1997	Fanfarenzug Karrharde	K K	00:07:12	00:35:35	00:16:16	<b>00:59:03</b>	<b>2</b>
388	Nomke Möller, Bente Petersen	Maike Petersen,	97/96	Team Maike/Nomke/Bente	K	00:07:20	00:38:43	00:15:11	<b>01:01:14</b>	<b>3</b>
389	Jurit Paulsen, Femke Johannsen	Dana Paulsen,	98/97	Team Dana/Jurit/Femke	K	00:08:23	00:37:41	00:17:30	<b>01:03:34</b>	<b>4</b>
390	Heidi Buratowski, Finn	Monique Richardsen	98/97/98	Die flotten Drei	K	0	0	0	<b>01:05:10</b>	<b>5</b>

## Jugendteams

394	Oliver Jacobsen, Hauke Hinrichsen	Gerrit Hansen,	1994/95	Team Gerrit/Oliver/Haike	J	00:07:26	00:26:32	00:13:14	<b>00:47:12</b>	<b>1</b>
396	Richardsen Rene, Tave Paulsen	Melf Petersen,	1995	Team Melf/Tave/Rene	J	0	0	0	<b>00:55:08</b>	<b>2</b>
397	Daniel Trebeß, Falk Hansen	Leon Hansen,	96/95/97	Team Hansen Spezial	J	00:09:18	00:31:09	00:15:27	<b>00:55:54</b>	<b>3</b>
395	Anne Thiebaut, Mona Hansen	Marie Steffen,	1993/92	Team Mona & Marie	J	00:06:41	00:34:41	00:14:45	<b>00:56:07</b>	<b>4</b>
398	Lea Feddersen, Robert Franz	Esben Jensen	94/95/95	Team Bredstedt	J	00:07:29	00:34:08	00:18:31	<b>01:00:08</b>	<b>5</b>